

WORKING TOGETHER FOR CHANGE

One Page Profile

in  **Control**[®]
Scotland



My Name: Judy Plum

The hats I wear:

(this could be things like: I am a Mum/Dad, I am a Sister/Brother, I am a friend, I am a carer, I am a social worker, I am a Board Member, I am a campaigner for disabled people, etc)

Insert a picture of yourself here:

How to complete the ONE-PAGE PROFILE

Why I want to work together for change:

(tell us here the reasons why you want to work with others to try and make positive change, you can also tell us here about any experience of social care you have and what you may be able to contribute to the programme)

What's important to me?

(tell us here about the things that are important to you – this could be things like, spending time with family, visiting friends, the work you do, having time on your own, etc..)

How best to support me:

(what are the things you may need or that the In Control Scotland team and other participants can do to support you before and during the programme)

What people like and admire about me!

(Tell us about the things that other people have said they liked and admired about you, this could be things like: You are friendly and helpful, you are caring, you have a great sense of humour, you never give up!)

If you had a magic wand, what is the first thing you would change in social care and why?

(Tell us here about something you would change about social care if you could.)

PLEASE NOTE: If you are successful in securing a place on the program your one-page profile will be shared with other participants on the programme.