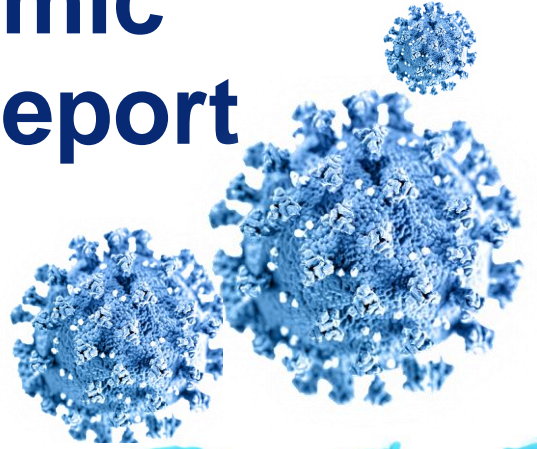

Coronavirus Pandemic Survey Summary Report



MAY 2020

In Control Scotland

Coronavirus Survey Results Summary

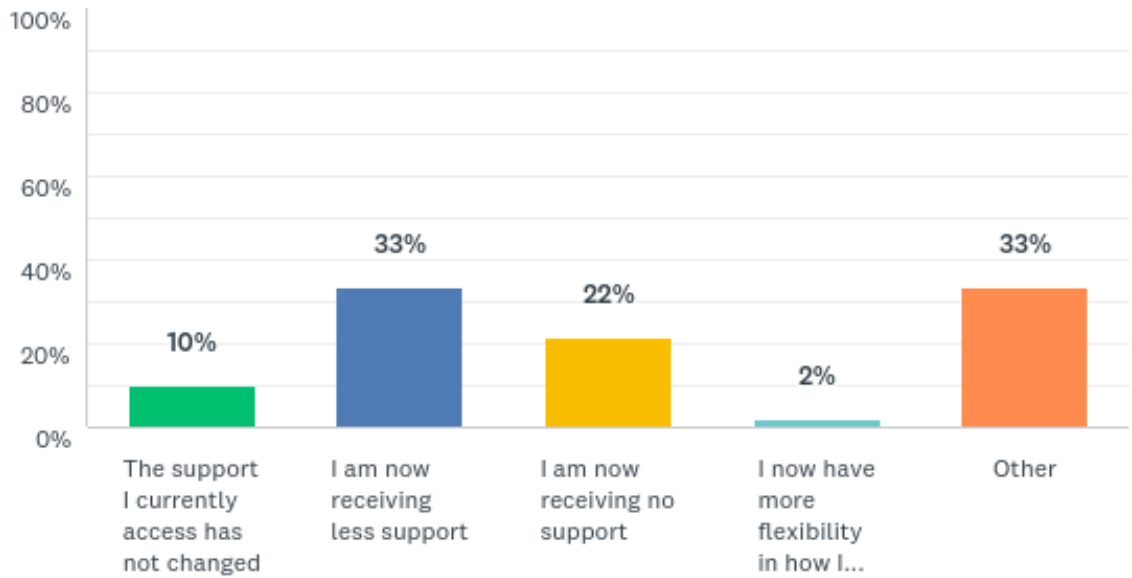
At the end of April 2020, In Control Scotland created an on-line survey to find out how the Coronavirus pandemic was impacting on the life and support arrangements of people accessing support. We asked participants from our *Partners in Policymaking* programme and *Working Together for Change* programme to complete the survey and tell us their views about the impact of the pandemic on their support and wellbeing.

We received 52 responses from people who are living in 18 of the 32 local authority areas in Scotland.

Unsurprisingly the survey showed that the pandemic has had a significant impact on the lives of people accessing support.

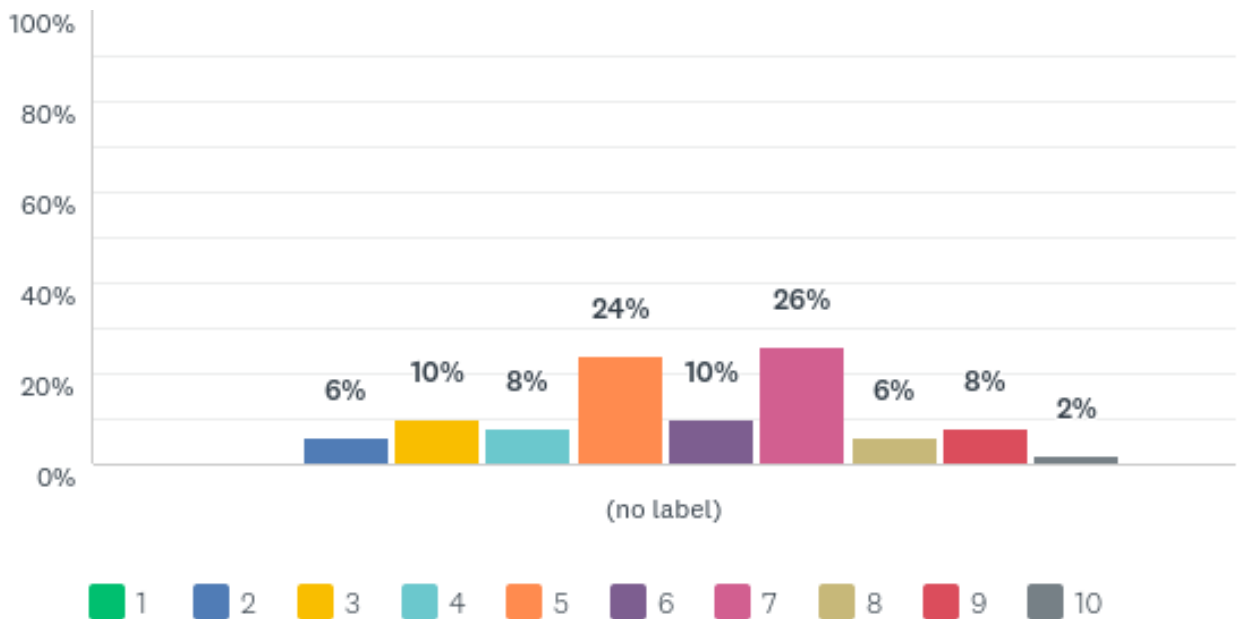
On the following pages you can find a summary of the key points we took from the view of those who completed the survey

Only **10%** of respondents said that the support they access had not changed as a consequence of the pandemic

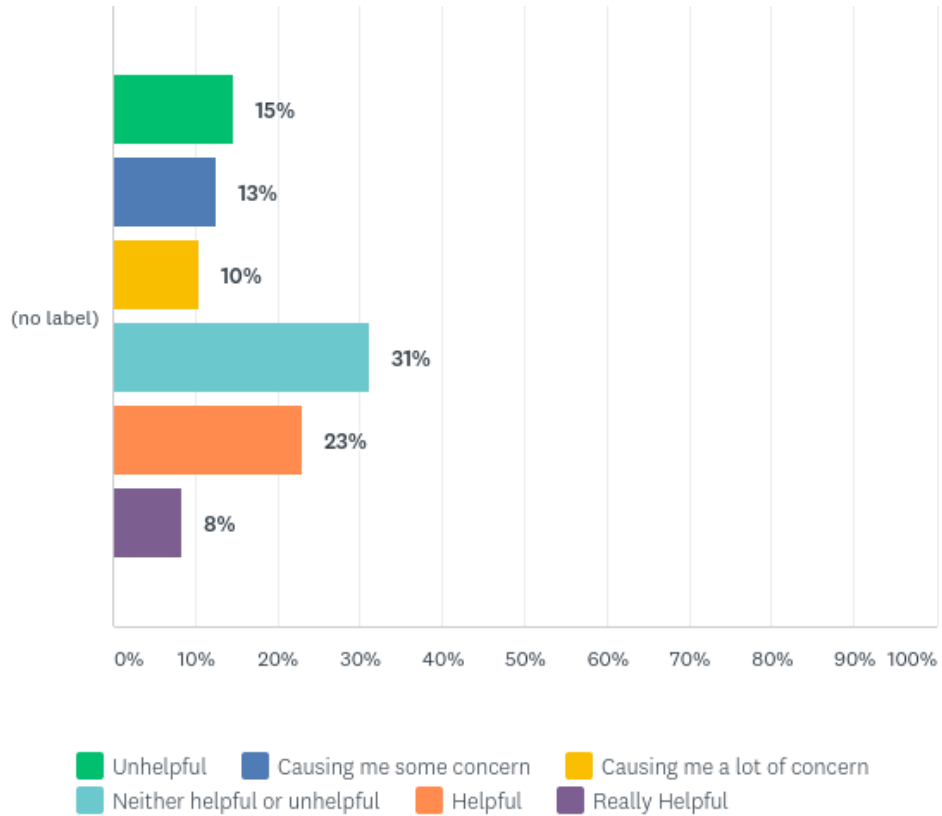


33% said it had reduced, and 22% said they were now receiving no support.

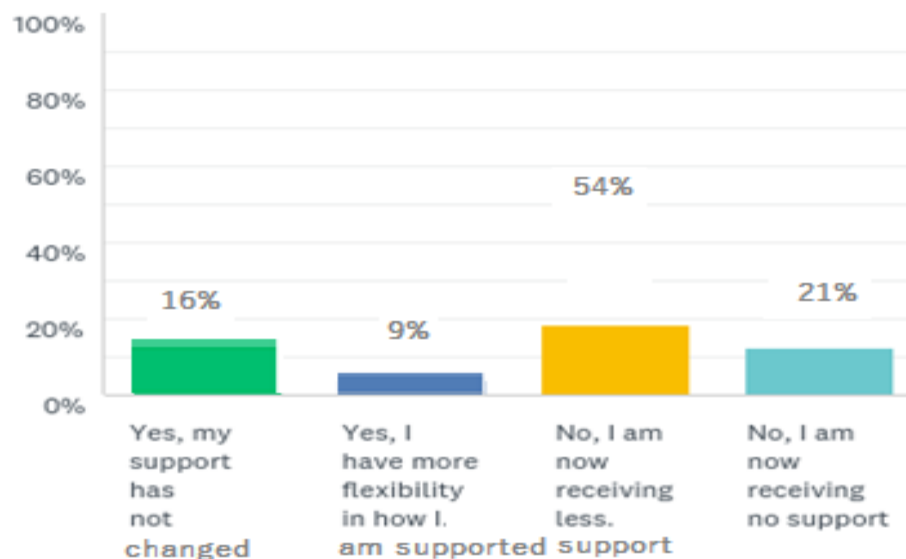
48% of respondents ranked their mental health and wellbeing at 5 or below on a scale of 1-10



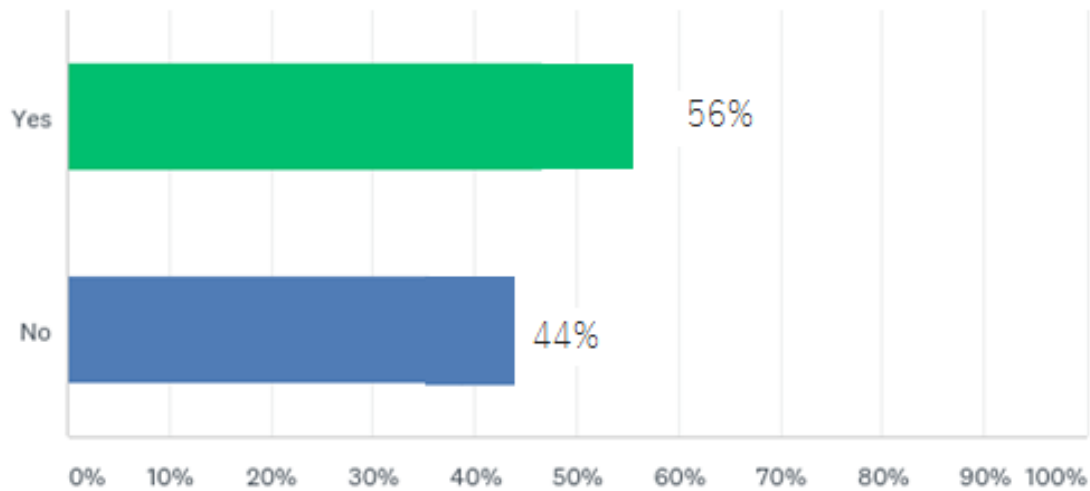
38% of respondents described the messages they were receiving from their local authority as unhelpful or causing them concern.



75% (of the smaller number) of respondents getting support from a support provider were now receiving less support or no support at all.



56% of respondents who are employing their own staff have had to make changes in the way they are supported



These survey results echo and reinforce the findings of other surveys asking similar questions, for example the larger surveys of disabled people carried out both by **Inclusion Scotland** and **Glasgow Disability Alliance (GDA)**.

During these challenging times. People have really valued information and contact provided through social media. Here is what a few people told us:

“Provide clear and current guidelines for individuals and access to online support for positive wellbeing”

“Keep checking to see how we are doing. Do another survey to see how we are doing when the Coronavirus crisis is finished”

“Just keeping in touch really helps”

“Just keeping in touch with updates is very useful, just do what you do, you are amazing”

“This is a strange and unusual time. We need to share experiences of our common humanity”

What we will do now:

In Control Scotland will share these survey results with others and work together with other partners to encourage and promote flexible support for people and continue to provide and further develop activity that people are finding helpful:

- sharing information and guidance
- hosting webinars and developing other opportunities to keep in contact
- responding to individual queries and contact

Thank you to everyone who was able to take time to complete this survey

