

Working Together for Change



Making a Difference

Shifting Power

**Supporting
Human Rights**

Forming Alliances

Building Confidence

Working Together

Inclusion

Equality

Human Rights

Social Justice

2021/2022

What is this programme about?

'**Working Together for Change**' is our newly revised training and development programme all about people being in control and directing their own support. The programme will focus on inclusion, equality, social justice and unlocking the potential of self-directed support so that people can exercise their rights and responsibilities as equal citizens.

Who is this programme for?

The programme is open to disabled adults, their families and carers, and to people who work in social work, social care, health and community services. The course is delivered to intentionally encourage the building of new alliances and connections between people who can make a difference to how self-directed support works.

Objectives of this programme

The objectives of this programme are:

- People will be better able to make positive choices and to think, plan and develop how they want to organise and direct their support
- Practitioners and Managers will be more confident, knowledgeable and skilled in ways to enable and empower people to get the right support.
- All participants will feel better connected and have an increased capacity to make self-directed support work well

We will ensure that there is a balance of participants from different backgrounds on the programme. The programme aims to build on the skills of all participants to enable them to gain the knowledge and confidence needed to work towards and advocate for a better future.

Who is organising this programme

The '**Working Together for Change**' programme is being organised by In Control Scotland. All the work we do is driven by a strong belief in social inclusion, equality, human rights and social justice and the view that everyone is entitled to the supports they need to be part of and included in their own community.

Content and Programme

The programme will be delivered with a mix of in person and on-line sessions and will run between October 2021 and March 2022. There are 30 places available on the programme and you can apply from anywhere in Scotland. We are particularly keen to encourage applications from people attending from the same geographical area to build and enhance connections during and after the programme.

The programme will be delivered in a variety of accessible ways including using videos, personal stories, presentations and mini workshops. We are planning that the sessions in October, February and March will involve meeting up in person though of course we will adjust this if Covid restrictions change. Online sessions will be shorter (half days) and we will agree exact timings for these with participants.

There will be a range speakers and presenters and we will strive to create a learning environment that is safe, where people feel comfortable about asking questions and talking about their experiences. The content covers issues which are important to family carers, the people they support as well as practitioners and managers who provide, organise and deliver services.

During the programme, participants will:

- Explore the history and context of social care support and an understanding of how the health and social care system currently works
- Learn about good practice in self-directed support, person centred planning, inclusion and equality and what works
- Understand, plan and develop ways to work together to influence positive change personally as well as in systems and the wider community

Sessions

Sessions 1 and 2 – ‘Yesterday, Now and the Future’

Residential (in-person) two-day Session at the Apex Hotel, Dundee
Tuesday, 26th October 2021, 11.00 am – 7.00 pm and **Wednesday, 27th October 2021**, 9.00 am – 3.00 pm

At these sessions, we will be exploring the following themes:

- ***Why are we here and what do we want to achieve?***
- ***The Journey of Self-directed Support and the Landscape***
- ***What does ‘working together for change’ mean in practice***
- ***Making positive change happen – topics for change***

*Accommodation and meals will be provided at this residential session. These are included in the programme and will be provided at **no additional cost** to participants.*

Sessions 3 and 4 – ‘All About Self-Directed Support’

Two Half Day On-Line Sessions

Tuesday, 30th November 2021 and **Wednesday 1st December** (*half day sessions will be taking place at either of the following times: 9.30 am – 12.30 am or 12.30 pm – 3.30 pm - tbc in consultation with participants*)

At these two online sessions our focus will be all about self-directed support:

- ***What gets in the way and what works well?***
- ***National and international Learning***
- ***Self-directed support, human rights, risks and responsibilities***
- ***The different options of self-directed support***

Session 5 – ‘Review, Refresh, Replenish’

Half Day On-Line Session

Tuesday, 11th January 2022,

At this session we will be:

- *Reviewing what we have learned and shared so far*
- *Exploring more about how different options can work*
- *Feeding back on progress in working together on topics*

Session 6 – ‘What Can Help?’

Half Day On-Line Session

Tuesday, 25th January 2022,

At this session, our focus will be about:

- **Peer support, advice and advocacy**
- **Useful information and resources**
- **Support across all ages**

We will also be arranging a further facilitated session to support small groups working on topics where they want to see change.

Session 7 – ‘Getting the Right Support, Different Possibilities and Dreaming Better’

In Person Session – Venue TBC – 10am – 4.30pm

Tuesday, 22nd February 2022

At this full day session, we will be focusing on ways that people can think about, plan, and organize their support, including

- **Support Planning**
- **Person Centred Planning**
- **Service Design**

Session 8 – ‘Moving on and Making Positive Change Happen’

In Person Session – Venue TBC – 10am – 4.30pm

Tuesday, 29th March 2022,

At this final full day session, we will be focusing on:

- **Where are you now and what has been important for you**
- **Sharing progress on making positive change happen**
- **Alliances, resilience and staying strong**

WHAT DO I DO IF I AM INTERESTED IN THE PROGRAMME?

If you are interested in applying for a place on this programme and would like further information and an application form, please contact:



June Dunlop, Programme Administrator, In Control Scotland
Email: june.d@in-controlscotland.org.uk

**PLEASE NOTE THE EXTENDED CLOSING DATE FOR APPLICATIONS
IS NOW: MONDAY. 4th OCTOBER 2021**